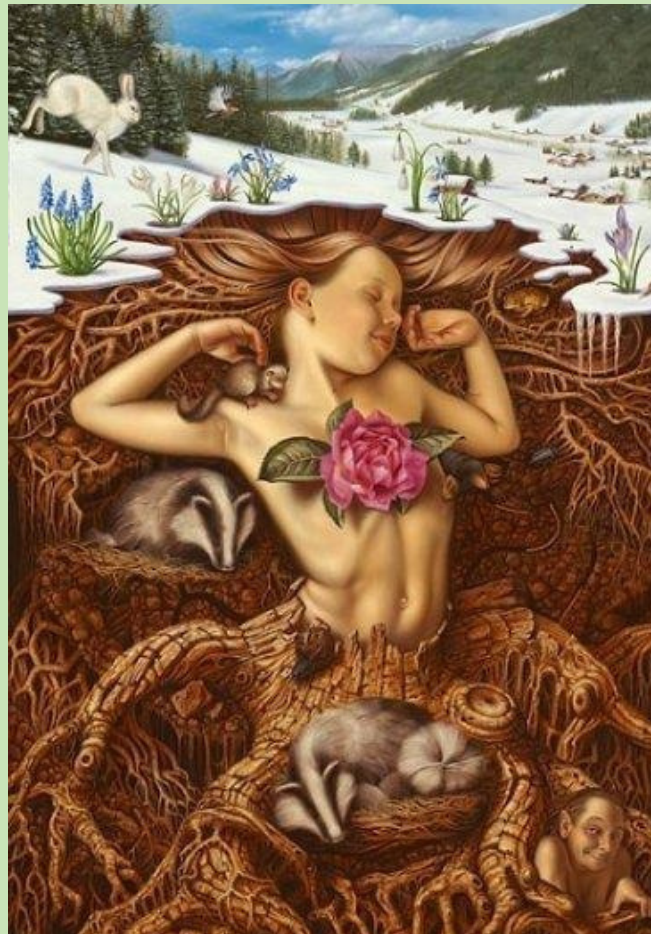
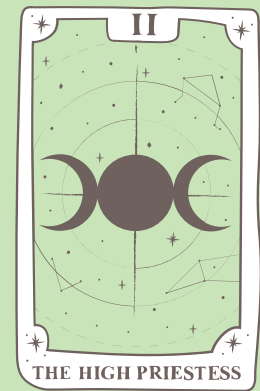


01 FEB.2021 | VOL. I

WELCOME BACK WITCHES

MONTHLY WITCHY NEWSLETTER
PRESENTED BY: CALL OF THE CAULDRON



SABBAT: IMBOLC

halfway point between winter solstice & spring Equinox!

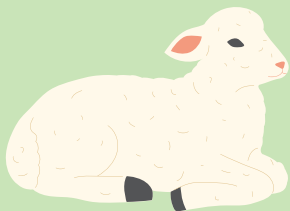
Fun facts about Imbolc:

- Reminds us that spring is near
 - following the breeding cycle of sheep and the lactation period, this symbolizes the idea of rebirth
- Holiday connected to the home, hearth, and new beginnings
- Fire rituals are commonly used during this day to signal the lengthening of the days
- Making a Brigid's cross: sign of peace and good will, hung on doors to ward from evil
- Goddess Brigid: goddess of the sacred flame, known for child birth, fertility, live stock, wells, and prophecy.



WE WITCHIN

significance of Imbolc? | Imbolc ritual



***Imbolc also known as a fire feast,
commonly associated with honoring
Goddess Brigid***

SIGNIFICANCE OF IMBOLC

Lighting the fire within us

by Jackie Diaz

This is the perfect time to start planting the seeds, a time of rebirth. If you're anything like me, the winter season can be very draining and motivation levels are at an all time low. Settled between the winter solstice and the spring equinox, Imbolc reminds us of the warmer days ahead.

Imbolc or Imbolg, can also be known as St. Brigid's day and is a crucial part of my practice as I work with Goddess Brigid. This day is filled with me honoring and connecting with her. I treat this day as a reawakening, as a holiday filled with reflection of how my mental health has been doing and a day filled with a new positive perspective that initiates growth. Here are a few questions to ask yourself:

Are there old habits that keep resurfacing that prevents you from moving forward?

Are there new opportunities around you that you want to try out?

Do you have a new idea for a project?

I like to write out different goals and projects that I want to start. Another thing that I am planning on doing this Imbolc is creating a list of different plants that I want to grow this year. Along with meditation work, making bread, and doing candle magick, Imbolc reminds us to ignite the light within us and to push forward!

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ICE LANTERNS

IMBOLC CRAFT!

What you need:

- two containers: one larger than the other
- any kind of leaves, berries, fruits, dyes, glitter, to decorate
- two large rocks or anything that is small and heavy
- a large book or a piece of wood
- water
- somewhere cold, could be your backyard or the freezer
- candle + candle holder

Directions:

1st step: Grab your larger container and place the smaller container inside of it

2nd step: fill up the larger container of water half way, the smaller container will be floating around and should be empty.

3rd step: place one rock inside of the smaller container and with the book, place it on top of both containers (the goal is to have the smaller container be pressed down, the smaller container creates the inside of the lantern)

4th step: place the 2nd rock on top of the book

5th step: place your leaves and berries in the water for decoration.

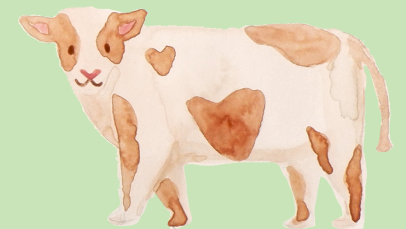
6th step: leave it outside or in your freezer to freeze

7th step: when taking it out, it might be hard so make sure to use hot water to loosen it up

Viola! If you are going to place a candle inside, make sure you keep an eye on it!



Though Brigid is known for being a fire goddess, she is also the goddess of wells! These ice lanterns are the perfect combo!



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ANNOUNCEMENT

a little messge for you guys!

Just wanted to thank you guys for making our first semester as a student organization a huge success. We hope you guys enjoyed last semester as much as we did and we hope that we provided you guys with a bunch of new resources for you to craft your own path! As always we look forward to what this semester brings and we're excited to see you guys again!

With that being said, here's a few new updates! We will be meeting on Monday's at 6pm on zoom! We are also introducing newsletters and emailing it to you guys so that you can get to know us officers a little bit better and a little bit about our practices.

Next meeting: Feb. 1 on Imbolc! See you guys there ☆☆☆

-Call of the Cauldron

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